Shikshan Mandal Karad's

Mahila Mahavidyalaya, Karad

Activity Report

Academic Year 2018-19

Date

: 21/06/2018

Department/Committee

: National Service Scheme (NSS)

Title of Activity /Programme: International Yoga Day

Resource Persons

:Smt. Meena Ghalsasi

Number of Beneficiaries

: 100

Shirt Description of activity / programme:

The Department of National Service Scheme (NSS) of Mahila Mahavidyalaya, Karad Organized program on "International Yoga Day ".The International Day of Yoga has beencelebrated across the world annually on 21st June since 2015, following its Inception in the united nation General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India.

The theme for the 4th IDY was 'Yoga for Peace' Respected Smt. Meena Ghalsasi was the Guest for this programme. She expressed her thoughts front of the Students about the theme of IDY and the benefits of yoga for good health, also she demonstrated of yoga. Students, teaching, non-teaching staff were participated in this program.

Co-ordinator

Shri. Akhilesh Shinde

IQAC Co-ordinator Mahla Mahavidyalaya, Karad

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I/c. Principal Mahila Mahavidyalaya, Karad

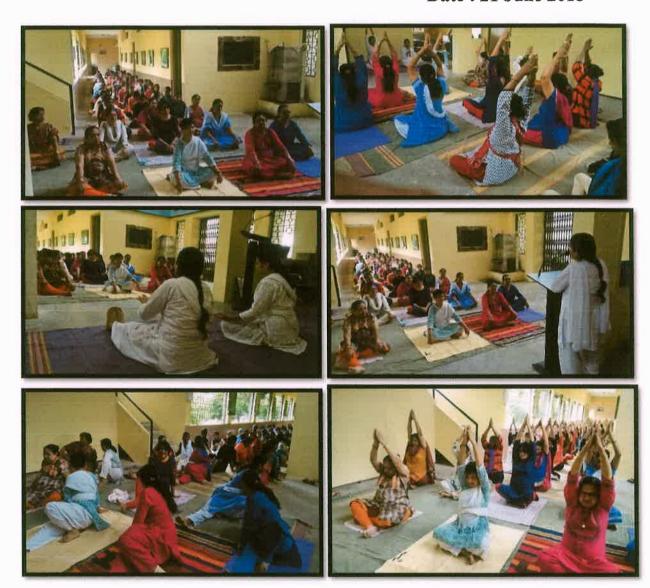
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Mahila Mahavidyalaya, karad

National Service Scheme

International Yoga Day

Date: 21 June 2018





IQAC Co-ordinator Mahila Mahavidyalaya, Karad I/c. Principal
Mahila Mahavidyalaya, Karad