

CURRICULUM VITAE



Dr. Pritam Vithalrao Misale

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S no 19/1 Yashshree Society
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Nagar, near Khandoba
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Contact No.:

8149358545

9604270180

Personal Data:

Sex: Male

Date of Birth: 11.01.1986

Nationality: Indian

Marital Status: Married

Hobbies:

1. Playing
2. Reading
3. Trekking

PROFESSIONAL QUALIFICATION

- Completed **Ph.D. in Physical Education (Regulations 2009)** in year 2010-15 from SRTM University, Nanded.
- **SET** examination qualified **January – 2018**.
- **Approved by Savitribai Phule Pune University as a Physical Director.**
- Completed **M. P. Ed** in year (2007-09) from Pune University, (Chandrasekhar Agashe College of Physical Education) Securing First Class with **69.33 %**.
- Completed **B. P. Ed** in year (2006-07) from Pune University (Chandrasekhar Agashe College of Physical Education) Securing Distinction, with **74%**.
- Completed **B.A** (2005-06) from Nanded University, Degloor College Degloor, and Securing Second Class with 57%.

ACADEMIC QUALIFICATION

- Completed **H.S.C**, (2002-03)-Maharashtra Board from Degloor College Degloor, Degloor, Securing First class in Arts with 73.50%.
- Completed **S.S.C** (2000-2001) - Maharashtra Board from Sadhana High School Degloor, Securing First Class with 67.46%.

ADDITIONAL QUALIFICATION

- Completed Computer Course “**MS-OFFICE**” Consisting of Microsoft Office (Word, Excel, Power Point, and Internet).
- Completed **Sports conditioning course.**

BACHELOR OF PHYSICAL EDUCATION

Details: First Class with Distinction (74 %).

Specialization
Athletics

MASTER OF PHYSICAL EDUCATION

Details: First Class (69.33%).

Specialization
Archery

PROFESSIONAL PROFILE

1. **Employer** : Sarhad College of Arts, Commerce
and Science College, Katraj, Pune.
Title : Director of Physical Education & Sports
Year : 2015 to 2022.

Professional Affiliations

- Received **Swami Vivekananda Best Sports Director Award** 2021 from Srjana Vangmaya Parishad, Bhopal.
- Received **Best Contribution Award 2020-21** From Sarhad College of Arts, Commerce & Science, Katraj, Pune.
- **NAAC Work experience**
- **Self Defence and Lathi Kathi:**
More than 40 workshops for girls have been conducted on 'Self Defence and Lathi Kathi'.
- **My own YouTube Channel:**
'Dr. Pritam V. Misale' YouTube channel started from 21st April 2020. Through this channel, the videos related to stick training, fitness, ground marking as well as physical education scheme implemented for first year students of Savitribai Phule Pune University have been uploaded on it.

SPORTS & OTHER ACHIEVEMENTS

- Participated in Inter University **Archery Tournament**, held at Punjab University, Chandigarh (2008).
- **2nd** place in Divisional **Ball Badminton** Sports, held at Parbhani Dist-Nanded, during 2001-2002.
- **1st** Prize in **Invitational Ball Badminton** Competition, held at Sagaroli (2002) Dist-Nanded.
- Player of Winner team in Intercollegiate **Korfball**, Pune. (2007-08).
- **1st** Prize in **Volleyball** Competition (under 17) at Taluka Level, at Degloor, Dist-Nanded.
- Participated in **Water Conservation Project** held by **National Service Scheme (NSS)** at Moje Lingankerur, Degloor, Dist. Nanded (2002-2003).
- Participated in **1st Vishwa Punjabi Sahitya Sammelan** held in Pune (2016).
- Appointed as a **Selection Committee Member** for Inter Collegiate Sports Competition under Savitribai Phule University Pune.
 - a) Archery (2016 to 2020).
 - b) Cycling (2018-19).

- Appointed as a **Team Manager Inter Zonal Sports** Competition under Savitribai Phule University Pune.
 - a) Archery (2016-17 & 2018-19).
 - b) Wrestling (2018-19).
 - c) Cycling (2018-19).
 - d) Weight & Power Lifting (2015-16).

Exam Related Work

- Worked as an **External Examiner** of Physical Education Exam for University Examination.
- Appointed of **External Senior Supervisor** for University Examination.

Guest Lectures & Invited Talks

- Human Life Style and Physical Fitness Guest Lecture at Arts and Commerce College, Warje Malwadi, Pune on 16th February 2021.
- Physical Fitness and Active Life Style Guest Lecture at Prof. Ramkrushna More College, Akurdi Pune, on 12th February 2022.
- Fitness for All Guest Lecture at Shri Paadmamani Jain Arts & Commerce College, Pabal Pune on 22nd March 2022.
- Invited as Guest on National Sports Day at Prof. Ramkrushna More College, Akurdi Pune, on 29th August 2023.

Online Workshop / Webinar

- Attending National Webinar on **“Wellness: An introspective approach towards lifestyle”** organised by Department of Physical Education, Savitribai Phule Pune University from 14th May to 16th May, 2020.
- Attending online workshop on **“Fitness and Sports”** Organised by Government of Maharashtra, District Sports Office, Nashik and Collaboration with Khel Rang Fitness and Sports Science Association from 10 April to 17 April, 2020.
- Attending online workshop on **“Health and Fitness – The Way To Life”** Organised by Government of Maharashtra, District Sports Office, Nashik and collaboration with Board of Sports & Physical Education, Savitribai Phule Pune University from 4th May to 10th May, 2020.
- Attending Online National Level Webinar on **“Prevention of Sports Injuries”** Organised by Guru Nanak Khalsa College of Arts, Science and Commerce, Matunga, Mumbai from 30 May 2020.
- Attending Online National Level Webinar on ‘Mental Health Issues and Solutions in Lockdown and Post Lockdown period Organised by Department of Psychology, Dr.(Sow) I.B.P. Mahila Kala Mahavidyalya, Aurangabad.

PAPER PUBLISHED IN SEMINAR & JOURNAL

- Paper Published in **Scopus (Peer review)** on **“Examining the Effect of calisthenics exercise on lipid profile in sedentary individuals”**. Elementary Education online (ISSN 1305-3515), 2020; vol 19 (Issue 4): pp.5992-6003.
- Paper Published in **Think India Journal (Peer Review – Impact Factor 6.2)** on **“Examining the Effect of Calisthenics Exercise on High Density Lipoprotein Cholesterol in Sedentary Individuals”**. ISSN 0971-1260 Vol: 22 issue 36, December 2019.
- Paper Published in Indian Streams Research Journal (ISSN 2230-7850) on **“An Introduction to Sampling in Research”**, held at **S.S.P.M Barshi, Solapur** in year **2013**.
- Paper Published **National Level Conference on “Obesity in Modern Women”**, held at **P.H.A.S.C.M.M Malegaon, Nashik** in year **2013**.
- Paper Published **State Level Seminar on “Role of Exercise on Lipid Profiles”**, held at **B.D.B.A.M Aundhgaon, Pune** in year **2012**.

ATTRIBUTES

- Well Communicator.
- Team Player and Self-Motivator.
- Dedicated, Hard Working and Result-Oriented.

REFERENCES

1. Dr. Sudam Shelke
Assistant Director Sports (I/C)
University Board of Sports and Physical Education
Savitribai Phule Pune University
Contact No. 9022340057.
2. Dr. Vishal Salunkhe
Director of Physical Education and Sports
Krishna Mahavidyalaya, Rethare BK. Tal- Karad.
Contact No. 9822654057.
3. Dr. Shivraj Gaikwad
Director of Physical Education and Sports
SBM Mahavidyalaya, Rahimatpur, Koregaon, Dist- Satara
Secretary, Satara District Football Association.
4. Dr. Umesh Arun Bibave
Director of Physical Education and Sports
M E S Garware College of Commerce (Autonomous) Pune
Member, Life Member Board,
Maharashtra Education Society, Pune.
Member, Board of Sports,
Savitribai Phule Pune University, Pune.
Contact No. 7350509990